



## A Special Message of Support for Ukraine

March 1, 2022

Dear Colleagues,

We are deeply saddened by the events taking place in Ukraine. We are pained to see the violence and fear that those in Ukraine and across the region are experiencing.

As members of a global community, we are all affected by these events. We extend a special message of solace for those with direct ties to Ukraine or the region. We stand with those defending freedom.

We want to offer our support and highlight resources available.

- **Employee support:** A variety of mental wellness and support benefits are available, as detailed on this [District webpage](#).
- **Support for those in the region:** Many international aid organizations are working in Ukraine and neighboring countries, where displaced people are fleeing. To learn more or donate, visit the organization's websites:
  - [UNICEF](#)
  - [UN Refugee Agency \(UNHCR\)](#)
  - [International Committee of the Red Cross](#)
  - [Doctors Without Borders](#)
  - [International Rescue Committee](#)

We have been through a great deal over these past few years. We are proud of how our community has risen to the challenges in front of us. Let's continue to be there for one another, and please keep those suffering in your thoughts.

With gratitude,

Lynn Ceresino Neault, Ed.D., Chancellor

Julianna Barnes, Ed.D., President, Cuyamaca College

Denise Whisenhunt, J.D., President, Grossmont College